



# The Notes

## **TRIGGERED - Part 3** **Words that Inspire Life** **and Healing in Others**

**May 16, 2021**  
**Guest Speaker**  
**Pastor Jack Witt**

*Every day the priests stand and do their religious service, often offering the same sacrifices. Those sacrifices can never take away sins. But after Christ offered one sacrifice for sins, forever, he sat down at the right side of God.*

*And now Christ waits there for his enemies to be put under his power. With one sacrifice he made perfect forever those who are being made holy.*

*The Holy Spirit also tells us about this. First he says: "This is the agreement I will make with them at that time, says the Lord. I will put my teachings in their hearts and write them on their minds."*

*Then he says: "Their sins and the evil things they do— I will not remember anymore."*

*Now when these have been forgiven, there is no more need for a sacrifice for sins.*

*So, brothers and sisters, we are completely free to enter the Most Holy Place without fear because of the blood of Jesus' death. We can enter through a new and living way that Jesus opened for us. It leads through the curtain—Christ's body.*

*And since we have a great priest over God's house, let us come near to God with a sincere heart and a sure faith, because we have been made free from a guilty conscience, and our bodies have been washed with pure water.*

*Let us hold firmly to the hope that we have confessed, because we can trust God to do what he promised.*

**Hebrews 10:11-23** (NCV)

“We aren’t just making stuff up... We are declaring what’s already true about God.” This confession of hope... these words of faith are not empty declarations.

*Let us think about each other and help each other to show love and do good deeds.*

**Hebrews 10:24** (NCV)

Your words have a powerful influence when they are speaking to what is at the deepest and truest part of another person's being instead of merely pointing out what you see on the surface.

When the way we speak to others focuses on identifying and offering fixes to their behaviors, those words only resonate back to the surface level guilt, shame, or regrets. When the way we speak to others focuses on who they are as redeemed, loved, useful, capable... those words resonate down to the deepest truest self and call that nature out.

Did you know that most of the New Testament letters are actually organized that way?

The call for changed behavior always follows the confession of the wonder, power and efficacy of Christ's salvation.

The call for us to consider (fully observe) one another so you can help to inspire them to show love and good deeds, involves three life-giving actions:

- 1. Affirming that they are able to discern what is best and right. – The ways of God is no longer external to them; it's within them.**
- 2. Confirming that their ongoing struggle with sin is evidence of righteous desires that God has placed in them. It is not evidence that they are beyond hope.**
- 3. Build up their trust and confidence in their ability to know Christ and trust Him more fully every day.**

*You should not stay away from the church meetings, as some are doing, but you should meet together and encourage each other. Do this even more as you see the day coming.*

**Hebrews 10:25** (NCV)

The regularity of gathering is essential to the act of “considering one another.” These gatherings provide the greatest opportunity to notice where someone is struggling to believe and needs a timely word of affirmation, confirmation, or an encouragement of their faith.

**Here’s two quick helps to get you moving into this life-giving and healing process:**

- 1. Pray for a Holy Spirit activated awareness of others. We need discernment and spiritual insight to speak timely, fitting words.**
- 2. When you speak, affirm what you perceive God has done in them rather than trying to explain what you see happening around them.**