

## Trailblazers: 4th-5th Grades

**Needed: Bible, index cards or paper, pens/pencil**

### Bible Study

- **Distribute** Bibles.
- **Guide** your kid to **open his or her Bible** to Mark 4
- **Ask** him or her to read Mark 4:39-41

### Discussion Questions to Ask Kids:

1. What would you have thought if you saw Jesus sleeping through the storm that day?

*Invite your kid to share their thoughts. Perhaps Jesus' sleeping might seem like He did not care. Emphasize that even if God seems silent in our difficult situations, He is always near and always at work—often in ways we do not expect. He does everything for His glory and our good. (Option: Read Acts 17:27.)*

2. What can you do when you feel afraid?

*Remind your kid that when the disciples were afraid during the storm, they turned to Jesus for help. We can look to Jesus in faith every day. We can look to Him to rescue us from sin, and we can ask for His help to live in a way that honors Him. Even when we feel afraid or doubt God, we can cry out to Him. Jesus cares. He will answer, and—like the disciples did—we can worship Him. (Option: Read Isa. 41:10.)*

3. What do you know to be true about God that can help you have peace in hard situations?

*Lead your kid to recognize that we can trust that God is in control and has power over everything, even when times are hard. Trusting God gives us peace that can show the world that He is mighty. Jesus proved that He can be trusted. His miracles, teaching, death, and resurrection showed that He is who He says He is. Only Jesus can save us when we look to Him in faith. (Option: Read Ps. 56:3-4.)*

### Key Passage Activity: Psalm 40: 5

1. Write words or phrases of Psalm 40:5 on six or more separate index cards or papers.
2. Instruct your kid to open their Bibles to Psalm 40:5.
3. Have them read the key passage.
4. Mix up the cards and challenge your kid to arrange them in the correct order.
5. When your kid finishes, guide them to read the cards aloud to check their work.
6. If time remains, mix up the cards and play again.

**Say,** “ Tell your kid that when they are feeling afraid or anxious, they can read this verse. As they read about God's wonders and plans, take deep breaths and pray, asking God to give them peace. Remind kids that Jesus calmed a storm to show the disciples He is God. When life feels out of control, we can turn to the One who is always in control. Jesus is powerful, and He loves us.

