



The Notes

RIGHT HERE. RIGHT NOW.

Part 1: “I Don’t Think I’ll Be Paralyzed Anymore”

**August 3, 2025
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“Soon another Feast came around and Jesus was back in Jerusalem. Near the Sheep Gate in Jerusalem there was a pool, in Hebrew called Bethesda, with five alcoves. Hundreds of sick people—blind, crippled, paralyzed—were in these alcoves. One man had been an invalid there for thirty-eight years. When Jesus saw him stretched out by the pool and knew how long he had been there, he said, ‘Do you want to get well?’ The sick man said, ‘Sir, when the water is stirred, I don’t have anybody to put me in the pool. By the time I get there, somebody else is already in.’ Jesus said, ‘Get up, take your bedroll, start walking.’ The man was healed on the spot. He picked up his bedroll and walked off. That day happened to be the Sabbath. The Jews stopped the healed man and said, ‘It’s the Sabbath. You can’t carry your bedroll around. It’s against the rules.’”

John 5:1-10 (MSG)

**IF I WANT TO TURN EVERY MOMENT INTO THE
RIGHT MOMENT, I NEED TO START...**

**1. ...GOING _____ WITH MAKING
_____ DECISIONS.**

“So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’”

These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.”

Matthew 6:31-32 (NLT)

2. ...GIVING MYSELF THE _____ I _____.

“When someone becomes a Christian, he becomes a brand new person inside. He is not the same anymore. A new life has begun!”

2 Corinthians 5:17 (TLB)

“Be that new person who was made to be like God, truly good and pleasing to him.”

Ephesians 4:24 (ERV)

“God has made us what we are. In Christ Jesus, God made us new people so that we would spend our lives doing the good things he had already planned for us to do.”

Ephesians 2:10 (ERV)

3. ...GATHERING ONLY WHAT _____ TO _____.

“Then Saul gave David his own armor—a bronze helmet and a coat of mail. David put it on, strapped the sword over it, and took a step or two to see what it was like, for he had never worn such things before. ‘I can hardly move!’ he exclaimed, and took them off again. Then he picked up five smooth stones from a stream and put them in his shepherd’s bag and, armed only with his shepherd’s staff and sling, started across to Goliath.”

1 Samuel 17:38-40 (TLB)

**4. ...GETTING _____ WITH
GETTING IT _____.**

“A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance.”

Proverbs 28:13 (TLB)

“Worrying does not do any good; who here can claim to add even an hour to his life by worrying?”

Matthew 6:27 (TVB)