



The Notes

The Rest of Your Story Part 4: “Is This Some Kind of Yoke?”

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“Put My yoke upon your shoulders—it might appear heavy at first, but it is perfectly fitted to your curves. Learn from Me, for I am gentle and humble of heart. When you are yoked to Me, your weary souls will find rest. For My yoke is easy, and My burden is light.”

Matthew 11:29-30 (TVB)

WHEN THE YOKE OF BEING A CHRIST-FOLLOWER ISN'T FITTING ME RIGHT, I NEED TO...

1. ...CHANGE HOW I _____ HIS YOKE.

“But those who trust in the Lord will be blessed. They know that the Lord will do what he says. They will be strong like trees planted near a stream that send out roots to the water. They have nothing to fear when the days get hot. Their leaves are always green. They never worry, even in a year that has no rain. They always produce fruit.”

Jeremiah 17:7-8 (ERV)

“You are my refuge and my shield, and your promises are my only source of hope.”

Psalms 119:114 (TLB)

“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!”

Isaiah 26:3 (NLT)

2. ...CHANGE HOW I _____ HIS YOKE.

“Because the Lord is my Shepherd, I have everything I need! He lets me rest in the meadow grass and leads me beside the quiet streams. He gives me new strength. He helps me do what honors him the most.”

Psalms 23:1-3 (TLB)

“My sheep respond as they hear My voice; I know them intimately, and they follow Me. I give them a life that is unceasing, and death will not have the last word. Nothing or no one can steal them from My hand.”

John 10:27-28 (TVB)

3. ...CHANGE HOW I _____ HIS YOKE.

“The Lord has told you, human, what is good; he has told you what he wants from you: to do what is right to other people, love being kind to others, and live humbly, obeying your God.”

Micah 6:8 (NCV)

“If you are a follower of Christ Jesus, it makes no difference whether you are circumcised or not. All that matters is your faith that makes you love others.”

Galatians 5:6 (CEV)