



## FIVE STONES

### Part 1: *"I Believe In Giants!"*

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*"The Philistines now mustered their army for battle and camped between Socoh in Judah and Azekah at Ephes-dammim. Saul countered by gathering his Israelite troops near the valley of Elah. So the Philistines and Israelites faced each other on opposite hills, with the valley between them. Then Goliath, a Philistine champion from Gath, came out of the Philistine ranks to face the forces of Israel. He was over nine feet tall! He wore a bronze helmet, and his bronze coat of mail weighed 125 pounds. He also wore bronze leg armor, and he carried a bronze javelin on his shoulder. The shaft of his spear was as heavy and thick as a weaver's beam, tipped with an iron spearhead that weighed 15 pounds. His armor bearer walked ahead of him carrying a shield. Goliath stood and shouted a taunt across to the Israelites. 'Why are you all coming out to fight?' he called. 'I am the Philistine champion, but you are only the servants of Saul. Choose one man to come down here and fight me! If he kills me, then we will be your slaves.*

*But if I kill him, you will be our slaves! I defy the armies of Israel today! Send me a man who will fight me!’ When Saul and the Israelites heard this, they were terrified and deeply shaken.”*

**1 Samuel 17:1-11 (NLT)**

## **I KNOW I’M UP AGAINST AN AUTHENTIC GIANT IN MY LIFE BECAUSE...**

### **1. ...IT’S \_\_\_\_\_ TO \_\_\_\_\_ ANYTHING ELSE**

*“Then Goliath, a Philistine champion from Gath, came out of the Philistine ranks to face the forces of Israel. He was over nine feet tall!”*

**1 Samuel 17:4 (NLT)**

### **2. ...I FEEL \_\_\_\_\_ AND UNPREPARED**

*“But he told Peter, James, and John to come with him. He began to be very distressed and troubled, and he said to them, ‘My heart is so heavy with grief, I feel as if I am dying. Wait here and stay awake.’ Jesus went on a little farther away from them, fell to the ground, and prayed. He asked that, if possible, he would not have this time of suffering.”*

**Mark 14:33-35 (ERV)**

3. ...I CAN'T \_\_\_\_\_ IT'S \_\_\_\_\_

*“But I am a worm and not a human being, a disgrace and an object of scorn. Everyone who sees me laughs at me; they whisper to one another I’m a loser; they sneer and mock me, saying, ‘He relies on the Eternal; let the Eternal rescue him and keep him safe because He is happy with him.’”*

**Psalm 22:6-8** (TVB)

4. ...I AM TOO \_\_\_\_\_ TO GO TO  
\_\_\_\_\_

*“Show mercy to me, O God, because people are crushing me—grinding me down like dirt underfoot—all day long.*

*No matter what I do, I can’t get myself out from under them.*

*My enemies are crushing me, yes all day long, O Highest of High, for many come proud and raise their hands against me.*

*When struck by fear, I let go,*  
*depending securely upon You alone. In*  
*God—whose word I praise—in God I place*  
*my trust. I shall not let fear come in, for what*  
*can measly men do to me?”*

**Psalm 56:1-4** (TVB)