



The Notes

COOL CHANGE

Part 3: "It's a Love/Hate Relationship"

June 22, 2025

Pastor Chris Jung

JOIN THE DISCUSSION

"Making lasting changes in my life..."

...is almost impossible for me."

...is a difficult battle, but I can eventually do it."

...is challenging, but I succeed more than I fail."

...is actually pretty easy for me."



slido.com
#mysummit

CHANGE WILL BE EASIER ONCE I START...

1. ...LOVING THE FUTURE _____
OF ME THAT _____ ALREADY _____.

"But the Lord said to Samuel, 'Do not look at how handsome or how tall Eliab is. I have not chosen him. The Lord does not look at people in the way that people do. People look at the face and body of a person. But the Lord sees what they are like inside.'"

1 Samuel 16:7 (EASY)

"It is God who has worked in us to make us what we are. He has given us a new life because we are united with Christ Jesus. He saved us so that now we can do good things in our lives. Those are good things that he has already prepared for us to do."

Ephesians 2:10 (EASY)

2. ...HATING EVERY THOUGHT THAT
_____ MY _____.

"We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ. Our tools are ready at hand for clearing the ground of every obstruction and building lives of obedience into maturity."

2 Corinthians 10:5-6 (MSG)

3. ...LOVING EACH CHANGE _____
NO MATTER _____ IT SEEMS.

"Do your best to improve your faith by adding goodness, understanding, self-control, patience, devotion to God, concern for others, and love. If you keep growing in this way, it will show that what you know about our Lord Jesus Christ has made your lives useful and meaningful."

2 Peter 1:5-8 (CEV)

"Do not despise these small beginnings, for the Lord rejoices to see the work begin, to see the plumb line in Zerubbabel's hand."

Zechariah 4:10 (NLT)

"And I am sure that God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished on that day when Jesus Christ returns."

Philippians 1:6 (TLB)

4. ...HATING THE IDEA OF BEING _____
ANOTHER _____.

“When anyone belongs to Christ, they become a new person. Their old way of life has gone. Their new life has begun!”

2 Corinthians 5:17 (EASY)

“Look, nobody tears up a new garment to make a patch for an old garment. If he did, the new patch would shrink and rip the old, and the old garment would be worse off than before. And nobody takes freshly squeezed juice and puts it into old, stiff wineskins. If he did, the fresh wine would make the old skins burst open, and both the wine and the wineskins would be ruined. New demands new—new wine for new wineskins. Anyway, those who’ve never tasted the new wine won’t know what they’re missing; they’ll always say, ‘The old wine is good enough for me!’”

Luke 5:36-39 (TVB)