



The Notes

COOL CHANGE

Part 2: "Physician, Heal Thyself"

June 15, 2025

Pastor Chris Jung

THE WORLD INSTANTLY BECOMES A BETTER PLACE WHEN I DECIDE THAT...

1. ...THE MOST _____
CHANGES I WILL MAKE WILL BE
_____ CHANGES.

"Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you."

Romans 12:2 (MSG)

*"Do not become like the people who belong to this world. But let God completely change the way that **you** think, so that you live differently."*

Romans 12:2a (EASY)

2. ...THE _____ TO
MAKING CHANGES IN MY LIFE _____.

"For we naturally love to do evil things that are just the opposite from the things that the Holy

Spirit tells us to do; and the good things we want to do when the Spirit has his way with us are just the opposite of our natural desires. These two forces within us are constantly fighting each other to win control over us, and our wishes are never free from their pressures."

Galatians 5:17 (TLB)

3. ...THE SINGLE HARDEST CHANGE I WILL MAKE IS _____ TO _____.

"The human mind is the most deceitful of all things. It is incurable. No one can understand how deceitful it is."

Jeremiah 17:9 (GW)

"Nobody realizes every time they do something wrong. Please forgive me for the sins that I do not know about."

Psalms 19:12 (EASY)

"And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart."

Ezekiel 36:26 (NLT)