



The Notes

COOL CHANGE

Part 1: "Don't Fight It"

June 8, 2025

Pastor Dan Houk

"Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life."

Psalms 139:23-24 (NLT)

I ALLOW CHANGE TO TRANSFORM MY LIFE WHEN I...

1. ...UNDERSTAND THAT GOD _____ IT FOR MY

"For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."

Ephesians 2:10 (NLT)

"For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness. No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way."

Hebrews 12:10-11 (NLT)

2. ..._____ THE _____.

“So take a new grip with your tired hands and strengthen your weak knees. Mark out a straight path for your feet so that those who are weak and lame will not fall but become strong.”

Hebrews 12:12-13 (NLT)

3. ...UNDERSTAND THAT _____
_____ AND _____
_____ ARE INTERCONNECTED.

“Dear friends, you always followed my instructions when I was with you. And now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him.”

Philippians 2:12-13 (NLT)

“Father, if you are willing, please take this cup of suffering away from me. Yet I want your will to be done, not mine.”

Luke 22:42 (NLT)