



The Notes

CHAZAQ

Part 2: "What Do I Do With My Broken Heart"

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A BROKEN HEART WILL TRANSFORM ME IF...

1. ...I EXPOSE _____ TO THE
_____ AROUND ME.

Step Out.

"These are the memoirs of Nehemiah son of Hacaliah. In late autumn, in the month of Kislev, in the twentieth year of King Artaxerxes' reign, I was at the fortress of Susa. Hanani, one of my brothers, came to visit me with some other men who had just arrived from Judah. I asked them about the Jews who had returned there from captivity and about how things were going in Jerusalem."

Nehemiah 1:1-2 (NLT)

Step In.

"They said to me, 'Things are not going well for those who returned to the province of Judah. They are in great trouble and disgrace. The wall of Jerusalem has been torn down, and the gates have been destroyed by fire.'"

Nehemiah 1:3 (NLT)

Stay Put.

“When I heard this, I sat down and wept. In fact, for days I mourned, fasted, and prayed to the God of heaven.”

Nehemiah 1:4 (NLT)

2. ...IT _____ ME TO _____.

Look Up

“Then I said, ‘O Lord, God of heaven, the great and awesome God who keeps his covenant of unfailing love with those who love him and obey his commands.’”

Nehemiah 1:5 (NLT)

Look In

“Listen to my prayer! Look down and see me praying night and day for your people Israel. I confess that we have sinned against you. Yes, even my own family and I have sinned! We have sinned terribly by not obeying the commands, decrees, and regulations that you gave us through your servant Moses.”

Nehemiah 1:6-7 (NLT)

Look Ahead

“Please remember what you told your servant Moses: ‘If you are unfaithful to me, I will scatter you among the nations. But if you return to me and obey my commands and live by them, then even if you are exiled to the ends of the earth, I will bring you back to the place I have chosen for my name to be honored.’ The people you rescued by your great power and strong hand are your servants.”

Nehemiah 1:8-10 (NLT)

3. ...IT _____ ME FOR _____.

“O Lord, please hear my prayer! Listen to the prayers of those of us who delight in honoring you. Please grant me success today by making the king favorable to me. Put it into his heart to be kind to me.’ In those days I was the king’s cup-bearer.”

Nehemiah 1:11 (NLT)

"When he saw the crowds, he had compassion on them because they were confused and helpless, like sheep without a shepherd. He said to his disciples, 'The harvest is great, but the workers are few. So pray to the Lord who is in charge of the harvest; ask him to send more workers into his fields.'"

Matthew 9:36-38 (NLT)