



The Notes

**Building A Better You For A
Brighter Tomorrow**
Part 1: "A Better Me Better Be"

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"God spoke: 'Let us make human beings in our image, make them reflecting our nature, so they can be responsible for the fish in the sea, the birds in the air, the cattle, and, yes, Earth itself, and every animal that moves on the face of Earth.' God created human beings; he created them godlike, reflecting God's nature. He created them male and female."

Genesis 1:26-27 (MSG)

**SINCE I HAVE TO LIVE WITH THE ME I AM
BECOMING, I NEED TO...**

- 1. ...STOP PARTICIPATING IN ANY
_____ OF ME THAT _____.**

"It is dangerous to be concerned with what other people think of you, but if you trust the Lord, you are safe."

Proverbs 29:25 (GNT)

"So don't let anyone criticize you for what you eat or drink, or for not celebrating Jewish holidays and feasts or new moon ceremonies or Sabbaths."

Colossians 2:16 (TLB)

“It is God himself who has made us what we are and given us new lives from Christ Jesus; and long ages ago he planned that we should spend these lives in helping others.”

Ephesians 2:10 (TLB)

2. ...GIVE THE RIGHT _____ OF ME
TO THE RIGHT _____ OF _____.

“Her children say good things about her. Her husband brags about her and says, ‘There are many good women, but you are the best.’”

Proverbs 31:28-29 (ERV)

“But Ruth said, ‘Don’t force me to leave you; don’t make me go home. Where you go, I go; and where you live, I’ll live. Your people are my people, your God is my god; where you die, I’ll die, and that’s where I’ll be buried, so help me God—not even death itself is going to come between us!’”

Ruth 1:16-17 (MSG)

“I commend to you our beloved sister Phoebe; she serves the church in Cenckrea as a faithful deacon. It is important that you welcome her in the Lord in a manner befitting your saintly status. Join in her work, and assist her in any way she needs you. She has spent her energy and resources helping others, and I am blessed to have her as my benefactor as well.”

Romans 16:1-2 (TVB)

3. ...CARRY ONLY THE _____ OF
WHAT _____ ME UP.

“A happy heart is good medicine and a joyful mind causes healing, but a broken spirit dries up the bones.”

Proverbs 17:22 (AMP)

“In everything you do, stay away from complaining and arguing so that no one can speak a word of blame against you. You are to live clean, innocent lives as children of God in a dark world full of people who are crooked and stubborn. Shine out among them like beacon lights.”

Philippians 2:14-15 (TLB)

“So be content with who you are, and don't put on airs. God's strong hand is on you; he'll promote you at the right time. Live carefree before God; he is most careful with you.”

1 Peter 5:6-7 (MSG)

“She looks carefully at a field, and she decides to buy it. She uses her own money to plant a vineyard.”

Proverbs 31:16 (EASY)