



The Notes

YEAH, THAT'S NOT GONNA HAPPEN

Part 5: "It's Definitely a No For Me, Dawg"

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"We had finished building the city's wall. There were no holes in it now, but we had not fixed the doors in the gates. Sanballat, Tobiah, Geshem (the Arab) and all our enemies heard that we had finished building the wall. Sanballat and Geshem sent this message to me: 'Come and meet with us in a village on the low land of Ono.' I realized that they wanted to cause trouble for me. So I sent this message back to them: 'I am too busy to come and meet you. The work here is too important. I cannot stop the work here to come and meet you.' They sent me the same message four times. Each time, I refused. Then Sanballat sent his officer to me with a fifth message. He carried a letter that was open for anyone to read. This is what the letter said: 'To Nehemiah. Other nations have heard the news that you and the other Jews have decided to turn against the king. Geshem also says that this is true. This is why you are building the city's wall. People are saying that you want to rule the Jews as their king. You have chosen some prophets to speak your message in Jerusalem. You have told them to say, 'There is now a king in Judah!' The king of Persia will surely hear this news. So we must meet together and talk about it.' I sent this reply: 'What you say is not true. Nothing like that is happening. You are only speaking your own ideas.' All our enemies wanted to frighten us. They thought, 'The Jews will be so afraid that they will not be able to work well. They will

not finish building the wall.’ So I prayed to God, ‘Give me strength to continue the work.’”

Nehemiah 6:1-9 (EASY)

I HAVE TO SAY “NO” A LOT, IF I WANT TO...

1. ...KEEP MY HEART IN _____.

“The police brought the apostles into the meeting room. They made them stand in front of the group of Jewish leaders. The most important priest said to the apostles, ‘We told you that you must not teach people any more with the authority of Jesus. But now look at what you have done! Now people everywhere in Jerusalem have heard your teaching. You also want people to think that we are guilty for the death of Jesus.’ Peter and the other apostles answered, ‘We must obey God rather than obey people.’”

Acts 5:27-29 (EASY)

“Then he said to all of them, ‘Whoever wants to follow me must say no to themselves. They must pick up their cross every day and follow me.’”

Luke 9:23 (NIRV)

2. ...LIVE MY LIFE ON _____.

“He was still speaking to the crowds when suddenly His mother and brothers were standing outside wanting to speak to Him. Someone told Him, ‘Look, Your mother and Your brothers are standing outside, wanting to speak to You.’ But He replied to the one who told Him, ‘Who is My mother and who are My brothers?’ And stretching out His hand toward His disciples, He said, ‘Here are My mother and My brothers! For

whoever does the will of My Father in heaven, that person is My brother and sister and mother.”

Matthew 12:46-50 (HCSB)

“The next morning Jesus woke up very early. He left the house while it was still dark and went to a place where he could be alone and pray. Later, Simon and his friends went to look for Jesus. They found him and said, ‘Everyone is looking for you!’ Jesus answered, ‘We should go to another place. We can go to other towns around here, and I can tell God’s message to those people too. That is why I came.’”

Mark 1:35-38 (ERV)

3. ...**SAVE MYSELF FROM** _____.

“Joseph was a strikingly handsome man. As time went on, his master’s wife became infatuated with Joseph and one day said, ‘Sleep with me.’ He wouldn’t do it. He said to his master’s wife, ‘Look, with me here, my master doesn’t give a second thought to anything that goes on here—he’s put me in charge of everything he owns. He treats me as an equal. The only thing he hasn’t turned over to me is you. You’re his wife, after all! How could I violate his trust and sin against God?’ She pestered him day after day after day, but he stood his ground. He refused to go to bed with her.”

Genesis 39:7-12 (MSG)

“God’s grace has now appeared. By his grace, God offers to save all people. His grace teaches us to say no to godless ways and sinful desires. We must control ourselves. We must do what is right. We must lead godly lives in today’s world.”

Titus 2:11-12 (NIRV)