



The Notes

SERIOUSLY, STOP!

Part 2: “Seriously, Stop Making Excuses!”

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1. ...The troubles with our faith being a well-oiled machine are machines have no hearts and machines break.

“After this there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Aramaic called Bethesda, which has five roofed colonnades. In these lay a multitude of invalids—blind, lame, and paralyzed. One man was there who had been an invalid for thirty-eight years. When Jesus saw him lying there and knew that he had already been there a long time, he said to him, “Do you want to be healed?” The sick man answered him, “Sir, I have no one to put me into the pool when the water is stirred up, and while I am going another steps down before me.” Jesus said to him, “Get up, take up your bed, and walk.” And at once the man was healed, and he took up his bed and walked. Now that day was the Sabbath.”

John 5:1-9 (ESV)

2. ...What does Jesus ask? Do you want to get well?

It was a yes or no question, and he answers by making excuses for why he hasn't got better yet.

...The question is not as ridiculous as it first seems. It makes you wonder if he really does want to get well.

Usually, we are the ones who keep ourselves from changing.

Think about what it might be in your life that has you trapped. Maybe jot a couple here!

3. ...When the world says "You've made your bed, now lie in it" Jesus comes along and says, "Get up, Pick up your Bed, and Walk with me."

Jesus heals this man not because of who the man is, but because of who Jesus is. God's love for you does not depend on you.