



The Notes

ACT & REACT

Part 2: "Being Best at Being Humble"

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HUMILITY BRINGS OUT THE BEST IN ME BECAUSE...

1. ...HUMILITY KNOWS MY TRUE WORTH

TRUTH: *Practicing humility will always feel like a threat to my insecurities and the false identity I have created*

"God has given me grace to speak a warning about pride. I would ask each of you to be emptied of self-promotion and not create a false image of your importance. Instead, honestly assess your worth by using your God-given faith as the standard of measurement, and then you will see your true value with an appropriate self-esteem."

Romans 12:3 (TPT)

1.

“In every relationship, each of you must wrap around yourself the apron of a humble servant. Because: God resists you when you are proud but multiplies grace and favor when you are humble.”

1 Peter 5:5 (TPT)

2. ...HUMILITY GROWS MY GRATITUDE FOR GOD’S FAVOR

TRUTH: *Every time we say, “I need/want more” we are actually saying, “God, I deserve more than you are giving to me.”*

“Here is the bottom line: do not worry about your life. Don’t worry about what you will eat or what you will drink. Don’t worry about how you clothe your body. Living is about more than merely eating, and the body is about more than dressing up. Look at the birds in the sky. They do not store food for winter. They don’t plant gardens. They do not sow or reap—and yet, they are always fed because your heavenly Father feeds them. And you are even more precious to Him than a beautiful bird. If He looks after them, of course He will look after you. Worrying does not do any good; who here can claim to add even an hour to his life by worrying? Nor should you worry about clothes. Consider the lilies of the field and how they

grow. They do not work or weave or sew, and yet their garments are stunning. Even King Solomon, dressed in his most regal garb, was not as lovely as these lilies. And think about grassy fields—the grasses are here now, but they will be dead by winter. And yet God adorns them so radiantly. How much more will He clothe you, you of little faith, you who have no trust?”

Matthew 6:25-30 (TVB)

“I know how to live when I am poor and when I have plenty. I have learned the secret of how to live through any kind of situation—when I have enough to eat or when I am hungry, when I have everything I need or when I have nothing. Christ is the one who gives me the strength I need to do whatever I must do.”

Philippians 4:12-13 (ERV)

3. HUMILITY THROWS AWAY MY AMBITION AND DRIVE

TRUTH: *I can't have a plan for my life if I am driven by God's plan for my life*

“Remember this: everyone with a lofty opinion of who he is and who seeks to raise himself up will be humbled before all. And everyone with a modest opinion of who he is and chooses to humble himself will be raised up before all.”

Luke 14:11 (TPT)

"Lay yourself bare, facedown to the ground, in humility before the Lord; and He will lift your head so you can stand tall."

James 4:10 (TVB)

"If you bow low in God's awesome presence, he will eventually exalt you as you leave the timing in his hands."

1 Peter 5:6 (TPT)